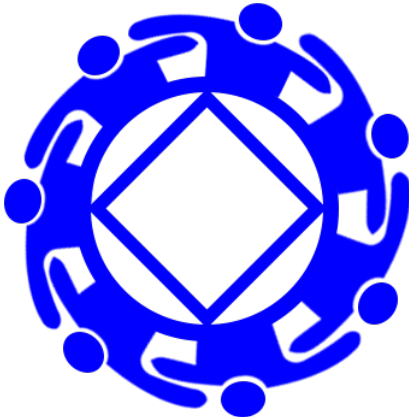


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New Beginnings
Area of
Narcotics
Anonymous

Help Line
(800) 539-0457



P.O. Box 43
Charleston, IL 61920
www.nbana.org
Altamont, Charleston,
Effingham, Mattoon

Updated: May, 2026

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

*Taken from the Narcotics Anonymous "Basic Text".

The real miracle happens when you realize that the need for drugs has in some way been lifted from you. You have stopped using and have started to live.

*Taken from the Narcotics Anonymous "Basic Text".

Monday

MONDAY NIGHT MEETING
7:00 pm - 8:00 pm
First Presbyterian Church
600 W. Temple Street
Effingham, IL

O, L, W

KEEP COMING BACK

7:00 pm - 8 pm
The Crossroads Community Church
411 Jackson Avenue
Charleston, IL

O / W

VIRTUAL WOMEN'S NA MEETING

7:30 pm - 8:30 pm CDT
Meets Virtually on Zoom
Meeting Code: 824 2650 7571

Tuesday

ANY ADDICT
7:00 pm 8:00 pm
First Presbyterian Church
311 7th Street
Charleston, IL

O, BK, CW, W

Wednesday

NOT SO HIGH NOON
Noon - 1:00 pm
First Presbyterian Church
311 7th Street
Charleston, IL

O, CW, W

ROOM TO GROW

7:00 pm - 8:15 pm
First Presbyterian Church
311 7th Street
Charleston, IL

O, BT, CW, W

Thursday

THE MEETING
6:30 pm - 7:30 pm
Immaculate Conception Catholic Church
320 N. 21st street
Rear Entrance to Cafeteria
Mattoon, IL

O, RR

WELCOME HOME

7:00 pm - 8:00 pm
United Methodist Church
308 N. 2nd Street
Altamont, IL
*Little Egypt Area

O, RF, CW, W

NEW ATTITUDE

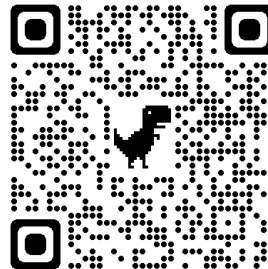
7:00 pm - 8:00 pm
Meets Virtually on Zoom
Meeting Code: 884 4106 7470
Charleston, IL

O, BT, CW

Saturday

NEED ANOTHER MEETING
10:30 am - 12:00 pm
New Hope Worship Center
2175 E. Harrison Ave.
Charleston, IL

O, BT, CW, W



New Beginnings Area Service Committee meeting

3rd Sunday of each month

2:00 pm CST

Meets Virtually on Zoom

Meeting code: 824 5442 0829

Information about the Area Service Committee and the most current meeting schedule can be found at:

www.nbana.org

More information can be found at our Region's website

www.illinoisna.org

Legend:

O-open meetings are for anyone wishing to experience our fellowship
C-closed meetings are only for addicts or those who feel they may have a drug problem

BK-Book Study

BT-Basic Text

CW- Children Welcome

RF-Rotating Format

RR-Round Robin

TR-Tradition

W-wheel chair accessible

*N.A. is not affiliated with any of the facilities where our meetings are held.