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the facilities where our meetings are held.

Poople I Can Call

New Beginnings Area of Narcotics Anonymous

Help Line (800) 539-0457



P.O.Box 192 Effingham, IL 62401 www.nbana.org

Altamont, Charleston, Effingham, Mattoon

Updated: January, 2024

We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death -or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual –not religious—program, known as Narcotics Anonymous. *Taken from the Narcotics Anonymous "Basic Text".

Miracles Happen

The real miracle happens when you realize that the need for drugs has in some way been lifted from you. You have stopped using and have started to live.

*Taken from the Narcotics Anonymous "Basic Text".

Sunday

NEW ASSOCIATIONS
10:30 am - 11:30 am
Journey Counseling Building
121 W. State Street
Enter through the back door of the building
on the far west side.
Charleston, IL
C. BT, TR, W

Monday

MONDAY NIGHT MEETING 7:00 pm - 8:00 pm First Christian Church 901 N. Henrietta Street Effingham, IL

O, L, W

Tuesday

ANY ADDICT
7:00 pm 8:00 pm
First Presbyterian Church
3111 7th Street
Charleston, IL

O, BK, CW, W

The most current meeting schedule can be found at: www.nbana.org

Wednesday

ROOM TO GROW 7:00 pm - 8:15 pm First Presbyterian Church 3111 7th Street Charleston, IL

O, BT, CW, W

O, RF, CW, W

Thursday

THE MEETING
6:30 pm - 7:30 pm
Immaculate Conception Catholic Church
320 N. 21st street
Rear Entrance to Cafeteria
Mattoon, IL

O.

Mattoon, IL O, RR

WELCOME HOME
7:00 pm - 8:00 pm
United Methodist Church
308 N. 2nd Street
Altamont, IL
*Little Egypt Area

NEW ATTITUDE 7:00 pm - 8:00 pm Meets Virtually on Zoom Meeting Code: 593 291 3961

Charleston, IL O, BT, CW

Saturday

NEED ANOTHER MEETING
10:30 am - 12:00 pm
New Hope Worship Center
2175 E. Harrison Ave.
Charleston, IL
O, BT, CW, W

New Beginnings Area Service Committee meeting

3rd Sunday of each month 2:00 pm, Meets Virtually on Zoom Meeting code: 593 291 3961

The most current meeting schedule can be found at: www.nbana.org

More information can be found at our Region's website

www.illinoisna.org

Legend:

O-open meetings are for anyone wishing to experience our fellowshipC-closed meetings are only for addicts or those

who feel they may have a drug problem **BK**-Book Study **BT**-Basic Text

CW- Children Welcome

RF-Rotating Format

RR-Round Robin

TR-Tradition

W-wheel chair accessible

*N.A. is not affiliated with any of the facilities where our meetings are held.